

Waddell Class



Miss O'Shea
Class Teacher



Miss Gaston
Teaching Assistant



Mrs Stokes
Teaching Assistant



Mrs Routledge
Teaching Assistant

Nursery and Reception 2024-25

Early Years Teacher: Miss O'Shea

Teaching Assistants: Mrs Stokes,
Miss Gaston, Mrs Routledge

Welcome back! We hope you all had a fantastic half term break and are feeling ready for another exciting term ahead. If your child would like to share any special moments from the break, please feel free to send in photographs - we'd love to hear about them.

Our new topic this term is **Being Healthy!** The children will be learning all about how to take care of their bodies and minds through healthy eating, exercise, rest, and hygiene. We will be exploring the importance of staying active, making good food choices, and looking after our well-being. As part of our learning, we will be celebrating **Pancake Day**, where the children will have the opportunity to taste different toppings and talk about healthy and balanced food choices. Consent forms will be sent out soon. We will also be learning about special celebrations including **Mother's Day**, **St. Patrick's Day**, **St. David's Day**, **Easter** and the **Holi Festival**, exploring their traditions, stories, and cultural significance through exciting activities, music, and crafts.

Throughout the term, the children will have plenty of opportunities to engage in hands-on learning experiences. Please also find attached the home learning grid linked to this topic, which can further your child's understanding at home. If your child completes any of these tasks, please ensure home learning books are handed to a member of staff. Alternatively, you can send photos or videos via Dojo or Tapestry.

We kindly ask for a £5 donation to help cover the costs of different activities and other resources throughout the rest of the half term. This is an optional donation. Your support makes it possible for us to create engaging and memorable learning experiences for the children. Thank you for your cooperation. We are looking forward to a happy and healthy half-term with lots of learning and fun ahead!



Thank you.
Miss O'Shea



HOME LEARNING

Nursery and Reception: (Waddell Class)

Spring 2: Being Healthy



TASK ONE: DIY Obstacle Course: Create an indoor or outdoor obstacle course using household items (pillows, chairs, tunnels). Take a picture and post on Dojo/Tapestry. 	TASK TWO: Create a healthy rainbow meal/snack. How many colours did you include? Take a picture. 	TASK THREE: Draw a picture of your favourite food. You could even have a go at writing some sounds, words or sentences linked to this. 
DOJO POINTS: 5	DOJO POINTS: 5	DOJO POINTS: 5
TASK FOUR: Sing your favourite song linked to food and post it on Dojo or Tapestry. For example, you could sing... Five Currant Buns, Hot Cross Buns, Jelly on the Plate, One Potato Two Potato etc. 	TASK FIVE: Healthy Food Sound Hunt: Go on a food hunt around the house or supermarket. Can your child find foods that start with the same sound as their name or names in their families? (e.g., Sam's Strawberries or Luke's Lettuce) 	TASK SIX: It will soon be Pancake Day! Make or decorate your own pancakes. Use your sounds to write a list of the ingredients. 
DOJO POINTS: 5	DOJO POINTS: 5	DOJO POINTS: 5
TASK SEVEN: Help your child design and write a menu for a pretend healthy café using their phonics knowledge. Children can attempt to write words independently (e.g., fish, rice, milk). You can roleplay this using pretend food or loose parts. 	TASK EIGHT: Numberplate/door number Workout: Spot numbers on car plates or doors during a walk. If your child sees a 5, they do 5 star jumps etc. Take a video or photo. 	TASK NINE: Healthy Food Addition and Subtraction: Use real objects or pictures to solve simple addition and subtraction problems (e.g., You have 3 strawberries. If you eat 1, how many are left?). 
DOJO POINTS: 5	DOJO POINTS: 5	DOJO POINTS: 5
TASK TEN: Listen to the song 'brush your teeth' Use a 2-minute timer to count down while brushing teeth. https://www.bbc.co.uk/teach/school-radio/articles/zv33hbk 	TASK ELEVEN: Watch the yoga video below: Food Themed Kids Yoga: Yoga Club Cosmic Kids https://www.youtube.com/watch?v=VmDjc_3u_UY 	TASK TWELVE: Create a poster all about being healthy (e.g. good amount of sleep, healthy food, being active etc.) 
DOJO POINTS: 5	DOJO POINTS: 5	DOJO POINTS: 5

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