

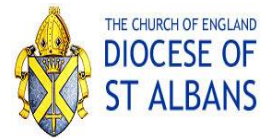


**Weston CofE (VC) Primary & Nursery
School**

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Thursday 12th May

Dear Parent or Carer

We currently have a number of staff and pupils off school with Covid like symptoms, and so it seems sensible for me to send a reminder about the current guidance. To avoid too many more pupils or staff catching the virus, please keep your child off school if the guidance below indicates that you should.

When Your Child Should Stay at Home

The current Government advice is that both children and adults should stay at home if they have any of the extended list of Covid symptoms AND EITHER have a high temperature, OR do not feel well enough to be at school/at work.

Both children and adults can return to school (or work) when they feel better, or when they no longer have a high temperature.

The extended list of possible Covid symptoms, as published by the NHS, is now as follows;

- a high temperature or shivering (chills) – a high temperature means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to your sense of smell or taste
- shortness of breath
- feeling tired or exhausted
- an aching body
- a headache
- a sore throat
- a blocked or runny nose
- loss of appetite
- diarrhoea
- feeling sick or being sick

No More Testing

It is no longer recommended that children take either PCR or LFD tests, unless directed to do so by a medical professional. Adults no longer need to test either, and most adults will have to pay for their tests if they wish to complete a test.

Yours faithfully

Geoff Holmes
Head Teacher

Ofsted Inspection Jan 2018 –
‘Pupils are confident and self-assured and enjoy their learning.’
‘Pupils behave very well.’

